

# Helena Christensen, 52, shows off her age-defying physique as she strips NAKED at a sultry photoshoot to promote cosmetics clinic

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She is hailed as one of the original supermodels of the 90s.

And Helena Christensen, 52, displayed her ageless beauty and radiant skin on Thursday as she stripped nude at a sizzling photoshoot after becoming an ambassador for a cosmetic clinic.

The model reached forward to touch her toes, strategically poised to protect her modesty as she worked her best angles for N'Age aesthetics clinic.



Stunning: Helena Christensen, 52, displayed her ageless beauty and radiant skin on Thursday as she stripped nude at a sizzling photoshoot for cosmetic brand, N'Age

Her signature brunette locks tumbled down in a tousled straight hairstyle as she enhanced her timeless beauty with soft make-up.

Speaking of the importance of good skin care, Helena said: 'You must feel safe when you leave your face in the hands of experts who treat your skin.'





The bombshell went on to become one of the original 1990s supermodels alongside Linda Evangelista, Christy Turlington, Cindy Crawford, Naomi Campbell, Elle Macpherson and Claudia Schiffer.

Since her break into the fashion industry, the clothing designer also has become an accomplished photographer and was a co-founder of Nylon magazine which published from 1999 to 2017.

In 2019, the brunette, who shares son Mingus, 21, with her former partner Norman Reedus, spoke to Daily Mail about some of her fitness secrets.

She detailed how she likes to swim in 'rivers, lakes and oceans' in a bid to maintain her sensational figure.

She shared: 'I think it's important to shake it up and do as many different forms of workout as possible, but also to incorporate nature into them.'

'Swim in the ocean, swim in rivers, swim in lakes. Hiking, trekking, chopping wood – it's the best way of working out, because it doesn't really feel like a workout. It feels like you're alive.'



**Accomplished: Helena's modelling career was launched when she won the Miss Universe Denmark title in 1986 before becoming one of the original supermodels of the 1990s**