



Laser Focus

Words by JOSEFIN FORSBERG Photographs by POLINA VINOGRADOVA

YOUR SKIN REMEMBERS EVERYTHING: late nights, summers in the sun, the quiet pull of stress across your brow. Over time, fine lines settle in and tone dulls. Even with a meticulous routine, there are limits to what skincare can correct. This is where Dual Frax comes in. “Imagine your skin as a canvas,” says Ida Bille Brahe, founder and clinical manager at Copenhagen-based luxury clinic N’AGE. “Over time, it naturally develops little irregularities: tiny lines, uneven tones, changes in texture. Dual Frax creates microscopic channels beneath the surface that stimulate your skin to repair itself, producing fresh collagen and elastin.” These channels are invisible, but the skin responds, revealing a smoother, more luminous surface.

Unlike earlier lasers, which forced a choice between surface refinement or deeper collagen stimulation, Dual Frax does both. “The real breakthrough lies in the precision and the combination,” Bille Brahe explains. “One wavelength focuses on surface refine-

ment, the other reaches deeper for structural improvements. With Dual Frax, you don’t compromise. Customers see immediate improvements in radiance and tone and longer-term strengthening of the skin’s foundation.”

Its appeal is broad. Younger clients are drawn to the pore refinement and radiance boost, resulting in a glass-like skin much like a real-life filter. More mature clients, meanwhile, seek to correct lines that feel set-in or a rougher surface. “That is where Dual Frax is a true step up compared to earlier fractional lasers. It delivers more significant improvements on deeper lines and irregularities,” says Bille Brahe. “We also see a lot of women with uneven skin tone who are looking for refinement and clarity.”

For Danish supermodel Helena Christensen, a N’AGE ambassador and fan of Dual Frax, the attraction lies in the subtle results. “What I love about Dual Frax is that it works deep down without taking anything away from the skin. It brings out what’s already there,”

she says. “Dual Frax helps my skin hold on to what feels like me. Glow, texture, elasticity. It’s subtle, but it makes a difference.”

That subtly is why the treatment fits so naturally in the Nordic market. “Scandinavian beauty is about optimising what you already have,” says Bille Brahe. “Looking like yourself, just fresher, healthier, more luminous.” To make matters more alluring, downtime is manageable. “Perhaps a bit of swelling, dryness, or light peeling for a couple of days,” says Bille Brahe. “For most people, it is surprisingly easy to integrate.”

What excites Bille Brahe most is what Dual Frax represents. “It is minimally invasive, works without breaking the skin barrier, and it is safe, effective, and transformative,” she says. “These kinds of technologies allow us to offer clients fresher, healthier skin in a way that feels both sophisticated and sustainable. And that is exactly where Nordic aesthetics is heading.” ❁

